## **NVSL Participation Waiver**

The following waivers MUST be signed by all athletes' guardian(s) in order to participate in any swim practice or meet covered by NVSL insurance. Incorporate a version of this waiver into your registration process. Any or all waivers shall be available to be forwarded to the NVSL Board upon request.

## NO WAIVER = NO PARTICIPATION = NO EXCEPTIONS

Swimmer(s):	<u>-</u>	
As Parent/Guardian of the above-name minor(s), I g	rant permission for the swimmer(s) to	
participate in all activities of the 2024 Mansion House Club Swim/Dive Team, a Northern Virginia		
Swimming League (NVSL) member team. I represen	t and warrant that my minor child/children	
participating on the 2024 Mansion House Club Swin	n/Dive Team are in good health and have no	
physical condition, ailment or disability which rende	ers them unable to participate in vigorous	
physical activity. For and in consideration of benefits derived from participation in the 2024		
Mansion House Club Swim/Dive Team program, I understand that the risk of injury to my child		
from the activities involved in these programs is significant, including the potential for		
permanent disability and death, and while particula	r rules, equipment, and personal discipline	
may reduce this risk, the risk of serious injury does	exist. I assume all risks and hazards arising	
out of, or related to, such participation, including, but not limited to, transportation to and from		
such activities, and do hereby indemnify, release and hold harmless the 2024 Mansion House		
Club Swim/Dive Team, its coaches, team representatives, volunteers, property manager,		
employees and agents, as well as the Northern Virginia Swimming League, from all claims of any		
kind whatsoever which may arise or hereafter accrue in connection with my child's/children's		
participation in activities of the 2024 Mansion House Club Swim/Dive Team. I further grant		
permission for first aid to be given to my child/children in an emergency and will be solely		
responsible for any medical costs which may arise. I AGREE THAT THEY WILL ABIDE BY THE		
NORTHERN VIRGINIA SWIMMING LEAGUE CODE OF	CONDUCT.	
Parent's Signature	Date	

Date

Parent's Signature

## **COVID-19 ADDENDUM**

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is a contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

The Northern Virginia Swimming League (NVSL) cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in NVSL-sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a NVSL-sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN PRACICE OR COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS THE 2024 Mansion House Club Swim/Dive Team, ITS COACHES, TEAM REPRESENTATIVES, VOLUNTEERS, PROPERTY MANAGER, EMPLOYEES AND AGENTS, AS WELL AS THE NORTHERN VIRGINIA SWIMMING LEAGUE AND ITS OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE, AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN PRACTICE OR COMPETITION.

Teams and their pools have taken enhanced health and safety measures for all attending meets; however, we cannot guarantee that you will not become infected with COVID-19. All attending practices and meets must follow all posted instructions while in attendance. An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID19.

By choosing to attend practices and meets, you agree to comply with all health and safety mandates and guidelines of the Commonwealth of Virginia, your local government, and the pool at which you are participating, either at your home pool or while competing at another NVSL-member pool.

Parent's Signature	Date
Parent's Signature	 Date